



DIAMOND DENTAL *of Sacramento*

POST-OP INSTRUCTIONS FOR TEMPORARY CROWN/BRIDGE

Avoid the spice turmeric as it can cause the temporary crown or bridge to change to a neon color.

No hard or crunchy food like nuts, granola, or Corn Nuts. Stay away from sticky food like taffy and gum.

We do not use thermal cement, so extreme temperatures may give little zings and cold sensitivity. That is normal.

You can be sore around the gumline from shots and cord that was placed and removed for the procedure. This is normal.

Brush like normal, however, with flossing, we advise not to use picks as they can pop the temporary off. We recommend using string floss, pop up/down, and pull through.

The texture can feel different than your other teeth because it is made from acrylic. This is normal.

If your bite feels off and feels like the crown is too big, please call the office so we can adjust it. It is normal for the temporary to not feel like it goes to the gum line. This is normal.

We do recommend over-the-counter meds for the first few days (Motrin/Tylenol)

Diamond Dental of Sacramento

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