

POST-OP INSTRUCTIONS FOR CEMENTING OF CROWNS/BRIDGES/IMPLANTS

If you are numb, please avoid anything hot until the numbness goes away.

No sticky food for today, tomorrow you can return to normal eating. But should still be cautious with really sticky food like taffy or gum, as it can cause the crown/bridge to come off.

Brush and floss like normal.

You may be sore or sensitive for the first few weeks, as this is normal. If over-the-counter medications like Motrin or Tylenol are not helping, please call the office.

If your bite feels off after a few days, please call the office so we can adjust it.

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